



Pinal Gila Council for Senior Citizens
Area Agency on Aging, Region V

Area Plan on Aging Goals and Objectives 2018 to 2021

Pinal-Gila Council for Senior Citizens presents the Area Agency on Aging, Region V's Area Plan for 2018-2021 for Pinal and Gila counties.

The Area Plan is the planning document, funded under the Older Americans Act, which identifies priority needs programs, goals, objectives and activities that will be undertaken by the Area Agency on Aging in developing and implementing programs for fiscal years 2018 through 2021 for individuals age 60 years and older in Pinal and Gila counties.

Pinal-Gila Council for Senior Citizens
Area Agency on Aging, Region V
8969 W. McCartney Road
Casa Grande, AZ 85194-7432
Phone: 520-836-2758
Toll Free 1-800-293-9393
Fax: 520-421-2033

Pinal-Gila Council for Senior Citizens
Area Plan Goals and Objectives
2018-2021

1. Increase awareness and understanding of aging issues in Pinal and Gila counties and help prepare for an aging population.
2. Increase the ability of older adults to remain active, healthy, and living independently in their communities.
3. Increase the safety and well-being of seniors in Pinal and Gila counties.
4. Enhance the capacity of our region to develop and maintain the necessary infrastructure to deliver services in a culturally appropriate, timely and cost effective manner.
5. Enhance opportunities and collaborations for transportation services for seniors in Pinal and Gila counties.
6. Complete transition to new data management systems to improve operational efficiency.

GOAL ONE

Increase awareness and understanding of aging issues in Pinal and Gila counties and help prepare for an aging population.

1.1 Strategic Objective:

Collaborate with various organizations and stakeholders to disseminate aging and support service information and assistance to seniors, families, providers, community agencies, private and public sectors.

1.1.1 Develop and enhance education and training opportunities in areas related to care giving, health, wellness, housing, employment, volunteerism and other identified local aging issues.

1.2 Strategic Objective:

1.2.1 Implement PGCSC's "Adult and Aging Care Essentials," a service and options care program for seniors and caregivers for information and referral, assistance, and short and long term planning.

1.3 Strategic Objective:

Increase awareness and understanding of how accessible and affordable health care policies and programs impact seniors in our local communities.

1.3.1 Train and educate PGCSC staff and volunteers regarding changes in existing and new health care policies.

1.3.2 Develop or disseminate credible informational resource materials.

1.3.3 Advocate for affordable and accessible care at all levels.

GOAL TWO

Increase the ability of older adults to remain active, healthy, and living independently in their communities.

- 2.1 Strategic Objective:** Explore opportunities and identify additional resources to increase and enhance congregate meals, home delivered meals, and emergency and supplemental food distribution in rural and un-served areas.
- 2.1.1 Collaborate with municipalities and current and potential service providers to sustain and enhance nutrition services provided at local sites.
- 2.1.2 Collaborate with local stakeholders, civic organizations, community associations, private businesses, and others to assist in developing local focal points of information dissemination on affordable health care, service availability and assistive devices.
- 2.2 Strategic Objective:** Provide support, training and informational resources to seniors, families and caregivers.
- 2.2.1 Implement evidence based trainings and other best practices tools for health promotion and disease prevention.
- 2.2.2 Continue to work and advocate with other area stakeholders to identify and implement group respite, adult day health and other senior dementia care opportunities.

GOAL THREE

Increase the safety and well-being of seniors in Pinal and Gila counties.

- 3.1 Strategic Objective:** Collaborate with local partners, volunteers, service providers, governmental, public, non-profits, and social service agencies to ensure seniors' safety, detection and prevention of exploitation, abuse and neglect.
- 3.1.1 Work and collaborate directly with local TRIADS, Adult Protective Services, State and County Attorney departments, law enforcement agencies and first responders to communicate current local trends and identify prevention methods to increase the safety of seniors.
- 3.1.2 Disseminate prevention and safety awareness information to seniors.

GOAL FOUR

Enhance the capacity of our region to develop and maintain the necessary infrastructure to deliver services in a culturally appropriate, timely and cost effective manner.

- 4.1 Strategic Objective:** Diversify funding base by seeking new funding opportunities and other resources to benefit persons with disabilities, seniors, caregivers, and their support systems.
- 4.1.1 Develop a strategy for private pay and/or sliding fee scale for services not funded under the Older Americans Act.
 - 4.1.2 Implement cost sharing and enhance marketing techniques to increase donations for services under the Older American Act and/or State funds as appropriate.
 - 4.1.3 Continue to maintain active membership on Arizona Association of Area Agencies on Aging and National Association of Area Agencies on Aging to ensure that our local issues and policies affecting seniors are represented and advocated for at the National and State levels.
 - 4.1.4 Implement cost effective services such as Attendant Care throughout the region and review current HCBS services eligibility to determine priority need.
 - 4.1.5 Advocate at the National, State, and local levels for increased funding for services, waitlists and increasing needs of the aging population.

GOAL FIVE

Enhance opportunities and collaboration for transportation services for seniors in Pinal and Gila counties.

- 5.1 Strategic Objective:** Advocate and support efforts to secure services and funding for senior transportation at the local, county, state and national levels.
- 5.1.1 Continue participation in Mobility Coordination Committees, regional boards, and planning councils, and enhance partnerships with service providers.
 - 5.1.2 Advocate for senior transportation services in newly formed and existing Metropolitan Planning Organizations (MPO's).

GOAL SIX

Complete transition to new data management systems to improve operational efficiency.

- 6.1 Strategic Objective:** Complete implementation of new Department of Economic Security, Division of Aging & Adult Reporting Systems (DAARS), and financial systems software.
- 6.1.1 Implement new Information and Referral module to improve data collection and increase access to information available to clients.
 - 6.1.2 Transition to improved case management data system for all Pinal and Gila case managers.
 - 6.1.3 Complete full implementation of CYMA financial systems software to improve service delivery efficiency.
 - 6.1.4 Research affordable data collection software for possible implementation at local senior center sites.